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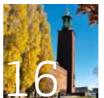


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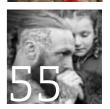












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Business delegation trip to Umeå (on the left), panel discussion with Stockholm Business Region (on the right)





ADS – Association of Diplomats Stockholm

"Celebrating its important milestone, 25th anniversary of existence, Association of Diplomats Stockholm (ADS) has become an integral part of the diplomatic community's life in Stockholm over the years, both informally and formally. Being true to the motive of its establishment and the vision of its founders till this day, it has proven its indispensable contribution of being one of the very first focal points of introduction to the Swedish environment and partners, extensive network of fellow colleagues, expanding possibilities for development of bilateral and multilateral relations outside the standard frameworks. ADS always strives to be better, for and thanks to the members of the diplomatic community of Stockholm. We look forward to welcoming you." Katarína Hlatká, Chair of the Board

ADS is a non-profit, non-political and non-religious organisation of diplomats accredited to Sweden, with their seat in Stockholm. The organisation was formally established in 1999 with the goal of bringing foreign diplomats together under the umbrella of an organisation outside formal protocols.

The objective of ADS is the promotion of contacts among its members, the diplomatic community and with Swedish authorities and society.

We organise professional and social events throughout the year, with the support and cooperation of different organisations and stakeholders in Sweden, always with the aim of reflecting the needs of the diplomatic community. These activities include public policy as well as consular related seminars, business focused visits in the Stockholm area and regional trips within Sweden.

Beside our regular after work gatherings, some of our annual events include the Welcome Reception, visit to the Riksdag (Swedish parliament) and the Beer and Food fair. The Welcome Reception is arranged to greet newly arrived diplomats to Stockholm and introduce them to the community at large. The Beer and Food fair

gathers several embassies to compete for the best beer and food from their respective country; competition is fierce but fun. We are continuously striving to add more events to our calendar to give the community an opportunity to experience the different aspects of Swedish society and also engage themselves in it.

You are welcome to join any of our events, even if you are not yet a member – look out for the invites we send to the general email addresses of all embassies in Stockholm – and do feel free to contact us directly to find out more: ads@diplomatstockholm.org.

How to join ADS

Membership is open to all accredited diplomats in Sweden including Ambassadors, as well embassy staff. The membership in ADS includes preferential access to our events and free or subsidised event fees.

For more information, please visit ADS website or approach any of the ADS Board members: www.diplomatstockholm.org

ADS Board

The Board of Directors together with the Permanent secretary oversee the direction and the daily affairs of the organisation. The current board comprises of:

Katarína Hlatká – Chair of the Board, Embassy of Slovakia Oscar Alvarenga – Board Member, Embassy of El Salvador Arezoo Hersel-Rohila – Board Member, Embassy of Israel Valentin Stoev – Board Member, Embassy of Bulgaria Niko Kosmidis – Permanent secretary



From the left Oscar Alvarenga, Valentin Stoev, Katarína Hlatká, Niko Kosmidis

DSCS



Discover DSCS: Your Global Family in Stockholm

Welcome to the Diplomatic Spouses Club of Stockholm (DSCS) – a vibrant, inclusive community for spouses and partners of diplomats accredited to Sweden. Founded in 1961, DSCS stands as one of the oldest and most esteemed international associations in the country, offering a unique platform where cultures merge, friendships blossom, and unforgettable memories are created.

Membership and Leadership

As a member of DSCS, you join a distinguished network recognized by the Swedish Ministry for Foreign Affairs (MFA). Our club is guided by a democratic governance model, with a President elected by members during the Annual General Meeting. The President, supported by an appointed Executive Committee, ensures that the club thrives and meets the diverse needs of our members.

Engage, Explore, Enjoy

At DSCS, we believe in the power of community and active participation. Our members are encouraged to share ideas and join various activities that enrich our collective experience. From cultural tours and creative workshops to social events and excursions, DSCS offers a plethora of opportunities to engage and explore. Embrace the chance to dive into Sweden's rich culture while sharing your own heritage and interests.





Connecting with Sweden

DSCS serves as a bridge between our members and Swedish society. Through our initiatives, members gain deeper insights into their host country, fostering meaningful connections with locals and institutions. We are proud to have earned the recognition and support of public and private entities.

Join Us

Ready to become part of this dynamic and supportive community? Visit our website or reach out to us for more information. We are excited to welcome you to DSCS – where cultures converge, friendships flourish, and memories are made.

Instagram: @dscstockholm E-mail: presandexeccomm@dsc-stockholm.com www.dsc-stockholm.com

Diplomatic Spouses Club of Stockholm (DSCS) – A home away from home for diplomatic families.





The Ambassadors' Spouses Association of Stockholm (ASAS)

Founded in 2020, the Ambassadors' Spouses Association of Stockholm (ASAS) provides a welcoming environment for the spouses of ambassadors residing in Stockholm. Our mission is to share the rich cultures and traditions of our home countries while deepening our understanding of the Kingdom of Sweden. Our association has 30 country members along with several esteemed honorary members from the Swedish community.

Who We Are

ASAS is a voluntary, non-political, non-profit, independent organisation that respects all human rights and freedoms, based on the principle of unity through diversity, and aims to complement and cooperate with other initiatives within the diplomatic community. In addition to spouses of ambassadors accredited to the Kingdom of Sweden, we are privileged to welcome as honorary members several prominent representatives of the Swedish community.





Our Mission

ASAS aims to:

Extend a warm welcome to newcomers and foster friendships among members. Explore the various facets of the Kingdom of Sweden, engaging with individuals and stakeholders across different fields. Promote cultural activities and exchanges among members and with Swedish society.

Our Activities

Our diverse range of activities includes:

Events that celebrate and share the culture, traditions, and national cuisine of our member countries. Visits and guided tours of theatres, museums, and other cultural institutions. Mini-groups tailored to the specific interests of our members.

Join ASAS

We warmly invite all spouses of ambassadors to join our association. The friendships we have formed and the mutual learning experiences have been invaluable to all of us. We look forward to welcoming new members into our vibrant community.

For membership inquiries or additional information, please contact us at stockholm.asa@gmail.com.



Welcome to Stockholm

Welcome to Stockholm – one of the most beautiful capitals in the world. Built on 14 islands around one of Europe's largest and best preserved medieval city centres, the Swedish capital is superbly positioned, with stunning and extremely varied scenery in every direction.







Districts

Each of Stockholm's six inner-city districts has its own charm and characteristic atmosphere. All of the districts are very attractive living areas with public transport close at hand. Here follows a brief tour through the various districts.

City/Norrmalm

City/Norrmalm are really only areas for business and shops. Few people live in the area compared to the other districts of the city. The most eye-catching street life in City and Norrmalm is centred around Drottninggatan, Kungsgatan and Hötorget. Drottninggatan's many small shops and large department stores guarantee an almost endless shopping spree. At Hötorget vegetable and flower vendors gather to haggle prices for the day's fresh goods, which are often very favourable to customers.

FARANG

Restaurant Farang invites you to join us for a culinary journey to Southeast Asia with stops along the way to sample the delicate cuisines of Thailand, Vietnam, Malaysia and Indonesia.

Share dishes make the meal into a social occasion where you and your party take pleasure in food and company as one harmonious experience.

As a guest, you have a front row seat and can watch your meal take shape in our open kitchen.

The restaurant is well suited for different types of events and we have a private dining room for 12 guests. We also offer catering and take away.

For more information, please visit our website or contact us directly







Djurgården

Djurgården is Sweden's most beloved amusement and recreation area. It includes more than 20 of Stockholm's finest attractions with entertainment, museums, restaurants and outdoor activities. The most famous attractions are Skansen – the first open-air museum in the world, Gröna Lunds Tivoli – an amusement park, Vasa Museum – the best-preserved 17th century ship in the world, ABBA The Museum and Junibacken – an interactive storybook building where children young and old can travel through the world of author Astrid Lindgren.

Vasastan

Vasastan is a lively neighbourhood with charming architecture and many trendy pubs. This is a hot neighbourhood for careerists and celebrities to set up in business. Vasaparken is a popular place for boule players, picnicers and families to get together and relax in during the summer. Vasastan offers some interesting sights as The City Library (Stadsbiblioteket), The Observatory (Observatorielunden) and Gustav Vasa Church. The Strindberg Museum is also located here. This is where the Swedish author August Strindberg spent the last four years of his life.

We have homes in Stockholm for your employees, consultants and customers

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Bostadstjänst Företagsservice is a specialist agency for attractive apartments in central and suburban Stockholm.

We also act as an agency for detached and terraced houses in areas like Danderyd, Täby, Lidingö, Bromma and Nacka.

Bostadstjänst is a company with a high reputation and more than 40 years' experience of the Stockholm rentalmarket. We offer a high service standard and have many permanent satisfied customers, from small firms to large companies quoted on the stock exchange, and also institutions and embassies.

Save time and money

Over the years, Bostadstjänst has established a very extensive network of contacts with landlords and homeowners. Applying to us means that you save both time and money. You avoid the expensive and time-consuming task of placing advertisements and the need to answer the telephone, select a home to rent, and pay any costly hotel bills.



www.bostadstjanst.com



Kungsholmen

Take a walk along the waterline that surrounds this district, the views are breathtaking. You can see wonderful buildings, stroll through beautiful parks and, of course, you must visit one of Stockholm's most important landmarks, The City Hall (Stadshuset). Don't forget to explore the areas around the central part of Fridhemsplan, Kungsholmstorg and all of its small streets and alleys. Kungsholmen offers a diverse choice of shopping venues, from Västermalmsgallerian to smaller specialist shops along Hantverksgatan.

Södermalm

Södermalm is known as Stockholm's most bohemian area. Here you can find the good bits of everything that is not mainstream when it comes to restaurants and shopping. The whole length of Götgatan is renowned for its large number of pubs. Medborgarplatsen is another place full of life in the summer, with lots of outdoor cafés and restaurants, the market hall and movie theatres that encircle the square make it folksy and festive. Here is where everyone gathers to enjoy the warm summer evenings.



Years of experience in diplomatic sales

At Bilia, we measure our success in our customers' degree of satisfaction. And through the years, we have offered our services to many satisfied customers with diplomatic status in Sweden.

Here you will get the same level of service and support as you would at the Mercedes-Benz Central in Stuttgart, Germany. Our professional staff offers qualified customer support for both our Swedishand English-speaking guests.

Are you stationed at a foreign mission in Sweden? As a customer with diplomatic status, you will

have access to exclusive offers on official cars at attractive prices, as well as convenient delivery points at our customer centres in Stockholm. We look forward to hearing from you soon.

Welcome to contact our Sales to Diplomatic Corps:

Mr. Daniel Green E-mail: daniel.green@bilia.se Telephone: +46 10-497 17 57

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Östermalm

Östermalm is a district in Stockholm's inner city. This neigbourhood is associated with exclusive apartments, luxury hotels, high end fashion and a vibrant nightlife. And a wonderful area to stroll around in.

Östermalm is often described as the city's most fashionable district with an abundance of large luxury apartments, the most exclusive of which are found along Strandvägen. Take a walk there and soak in the atmosphere and enjoy the magnificent buildings and wonderful seaside views.

Bibliotekstan is the city's most affluent shopping district, with exclusive Scandinavian and international brands. This is located around Birger Jarlsgatan, Smålandsgatan, Jakobsbergsgatan and Norrlandsgatan. If you'd like to go malling, there is Sturegallerian

on Stureplan and Fältöversten on Karlaplan, both with lots av shopping and eating alternatives.

Östermalm is also the host of luxury restaurants and also has the highest concentration of night-clubs in the city, found around Stureplan. There is a great concept at the Eataly on Biblioteksgatan. Two floors for you to explore as you eat, shop, and learn all about the best food and drink from Italy!

One of the city's oldest and most beautiful market halls, Östermalms Saluhall, is located on Öster-



malmstorg – in the heart of this district. It is a lovely food hall from 1888, with counters packed with the finest of cuisine. There are also several restaurants and cafés where you can enjoy traditional Swedish delicacies

The Royal Dramatic Theatre further contribute to the area's fashionable status. It was founded in 1788 and commonly known as Dramaten. This beautiful white art noveau-building at Nybroplan has been the theatre's home since 1908. In the repertoar you'll find classical theatre, newly written Swedish and international theatre, and theatre for children and youth.

Swedens most internationally renown cultural personality, Ingmar Bergman, grew up here on Östermalm. First on Villagatan 22 and then Storgatan 3. He was and still is generally considered to be one of the leading directors in film history. Ingmar Berg-



mans Plats and Ingmar Bergmans Gata, the square and street named in his honor, are both located just behind the Royal Dramatic Theatre.

Among museums in the neighborhood you'll find The Swedish History Museum, The Army Museum and The Nationalmuseum.



Gamla Stan

With its narrow lanes and beautiful medieval buildings, the area is enchanting. It is like a city within a city, with masses of shops, galleries and small, intimate taverns down in the atmospheric cellar vaults.

Gamla Stan (the Old Town) is actually an island that connects the northern and southern parts of the city. It is here that Stockholm was founded in 1252. And the old-world atmosphere lives on. When you walk through the cobbled streets it is like going back hundreds of years in history.

Gamla Stan is not just about winding lanes, small, intimate squares and deep cellar vaults. It is also

home to the Royal Palace. This is one of the largest palaces in the world with over 600 rooms. In addition to the reception rooms, there are several interesting museums in the palace, including the Royal Armoury, with royal costumes and armour. Don't miss the parade of soldiers and the daily changing of the guard. More about the Royal Palace on page 48.





Stortorget (the great square) is located in the middle of Gamla Stan. It was here that the Danish king ordered around 80 prominent Swedes to be executed in 1520, better known as the "Stockholm Bloodbath".

Ever since the early 1900's there has been a traditional Christmas market on Stortorget, every weekend in December. In the market stalls you can find locally produced crafts, food, candy and of course the Swedish mulled wine called glögg.

Between Stortorget and the palace stands Storkyrkan (the Great Church). Storkyrkan was first mentioned in a written source dated 1279 and according to tradition was originally built by Birger Jarl, the founder of the city itself. Because of its convenient size and its proximity to the Royal

Palace it has been the site of major events in Swedish history, such as coronations and royal weddings. Crown Princess Victoria, oldest daughter of King Carl XVI Gustaf and Queen Silvia, was married to Prins Daniel Westling on June 19th 2010 in Storkyrkan, the same date on which her parents were also married in Storkyrkan in 1976.

Inside Storkyrkan you will find Bernt Notke's famous sculpture of St George slaying the dragon, (S:t Göran och draken). It was carved in the 15th century and symbolises Sweden's struggle for liberation from Denmark.

The oldest documented street name from medieval Stockholm is Köpmangatan, from 1323. The street runs from Stortorget to Köpmanbrinken. The name

Köpmangatan means Merchant street, and it probably got its name for the established merchants along the street.

Follow Köpmangatan and you'll find a lovely square, Brända Tomten, with a beautiful chestnut tree and a cozy café. At the end of Köpmangatan, on the square Köpmantorget, you can see another statue of St George slaying the Dragon. This is a copy in bronze of the similar wooden statue located in Storkyrkan.

Gamla Stan also offer excellent shopping. Västerlånggatan and Österlånggatan are the district's main streets, with lots of shopping and cafés. The city wall that once surrounded the city ran inside these streets, along what is now Prästgatan.

Another popular street to visit is Mårten Trotzigs gränd (Mårten Trotzigs alley). This is hard to find, it's the narrowest alley in Gamla Stan, only 90 centimetres wide at its narrowest point. Well worth a visit, if you can find it!





Don't miss to explore the adjacent island of Riddarholmen, with the Riddarholmen Church. The church is a royal burial church, and was built as a Franciscan monastery for the so-called Grey Brother monks in the 13th century. The view from Riddarhomen towards Södermalm is quite nice.

Just like the rest of Stockholm, Gamla Stan is packed with restaurants, and the restaurant scene has blossomed in recent years. The picturesque alleys offer an assortment of fantastic restaurants, ranging from historic taverns, gastropubs to fine-dining restaurants awarded a Michelin star.

Despite all the sights, shops, clubs and restaurants, the greatest pleasure in Gamla Stan is still perhaps just to stroll around, soaking up the atmosphere and enjoying the street life. On a snowy winter day, the district feels like something from a story book.

Enjoy!

Some essential travel tips for Stockholm visitors

Text: Visit Stockholm

1. Everyone speaks English

Swedes start studying English in school before age 10, and we never miss a chance to practice our learning. It's often said that we love speaking English so much, that people who move here find it hard to learn Swedish.





2. No cash needed

There's no need to exchange a lot of currency – Stockholm is in large parts a cash-free city. Many restaurants, shops, and hotels don't accept bills or coins. With that said, don't forget to bring your debit or credit card!

3. The Stockholm airports

Stockholm Arlanda (ARN) is the main international airport. It is located 42 kilometers north of Stockholm and 36 kilometers south of Uppsala. All major airlines and long-distance airplanes serve this airport.

Bromma Stockholm (BMA) is the most central airport and is used by smaller aircraft. Bra, British Airways, Brussels Airlines, and Finnair serve this airport, located 8 kilometers from the city center.

Stockholm Skavsta Airport (NYO) is located outside of Nyköping, and about 100 kilometers southwest of Stockholm. Ryanair and Wizz Air serve this airport.

Stockholm Västerås Airport (VST) is located outside of Västerås, and about 100 kilometers northwest of Stockholm. Ryanair serves this airport.



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TRAVEL TIPS

4. Midsummer – the unofficial national day

Sweden's national day may be June 6, but the day we dress up for is Midsummer Eve, at the end of June. Many locals head to the archipelago for celebrations, so Stockholm City can feel quite deserted during the Midsummer weekend. But don't you worry – there are a lot of public events in the city center as well.

5. Systembolaget has an alcohol monopoly

If you want to buy a bottle of wine or liquor outside a bar, you need to head to government-owned Systembolaget. Plan your weekend drinking ahead—the stores close early in the afternoon on Saturdays and are closed on Sundays and during public holidays. Convenience and grocery stores sell lowalcohol beer, though.





6. The subway is an art gallery

The Stockholm subway system is said to be the world's longest art exhibit. Over the last few years, the interest has grown so big that SL (Stockholm Public Transport) now offers free guided art tours in English all year round. All you need is a valid subway ticket.

7. Getting around the city

Stockholm is built upon islands and bridges. Instagram-worthy vistas are everywhere; the best way to catch them while discovering the city is on foot. So pack your best walking shoes and a portable charger!

8. Island hopping in the archipelago

In the wintertime, you can use the SL card to go island hopping in between some of the 30,000 islands in the Stockholm archipelago. Just make sure you have a valid travel card. The travel card is valid all year round on the Djurgården ferries and the commuter ferries.

9. After work – the happy hour out of the office

"After work" is the Swedish version of happy hour. Locals head straight from the office to bars and pubs to enjoy a glass of wine or a beer, often at a slightly reduced price. Wednesdays, Thursdays, and Fridays are the most popular days for an after work. (Often, signs outside the bars simply display the AW, followed by the hours.)



Welcome to our bistro at Rådmansgatan, Stockholm.



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Rådmansgatan 25 +46 (8) 24 03 50 www.bar-nimes.se info@bar-nimes.se

THE PORTAL





The Diplomatic Guide portal

The Ministry for Foreign Affairs' Protocol Department has prepared a portal at **www.government.se** called the Diplomatic Guide, which contains information for the Foreign Diplomatic Corps about their posting in Sweden. The portal provides general information for newly arrived diplomats, civil servants and their family members.

Text: Maria von Gegerfelt

Being a posted diplomat or civil servant with or without family members and stationed at a foreign embassy or general consulate in Sweden means that you are not entitled to be registered in Sweden. In addition, in order to maintain your diplomatic immunity and privileges, you are not entitled to a personal identity number. Not being registered in Sweden entails that there are personal costs for medical care and, in several cases, education of the diplomat or civil servant and their family. However, citizens of other EU/EEA countries are entitled to free healthcare, except for the state care fee, and free education in several cases.

The Ministry for Foreign Affairs' Protocol Department notifies the foreign missions in Sweden of

newly arrived diplomatic and civil servants. For diplomats and civil servants from countries requiring a visa, they also decide on residence permits in Sweden. The Ministry for Foreign Affairs ensures that everyone receives an immunity number from the Swedish Tax Agency and obtains a Swedish ID card for diplomats.

The portal

The Ministry for Foreign Affairs' Diplomatic Guide portal at www.government.se provides information before, during and at the end of service in Sweden. Naturally, the Ministry for Foreign Affairs answers questions about serving in Sweden and they may often refer questions to another relevant Swedish authority.

School levels in the portal

On the Diplomatc Guide portal you can find information regarding the possibility of schooling and education for accompanying children of foreign diplomats and officials serving at embassies and general consulates in Sweden. As seen on the portal, the diplomat or civil servant must themselves contact the respective school or other educational institution where they wish their children to study. Educational information is listed by school level. Below, how to search for these schools in the portal. There's also information on how to get in touch with each respective school.

www.government.se

17.1 Daycare (12 months-5 years)

17.2 Preschool class (age 6)

17.3 Compulsory school (7–16 years)

17.4 Upper secondary school (ages 16-19)

17.5 A non-exhaustive list of international schools

17.6 University education



Find the best international school

On the www.international-schools-database.com website, you can find information about international schools in Stockholm. The website contains all important information such as their free activities, whether teachers are native to the country, class sizes, fees, access to school buses, etc. Enter your preferences and find the best international school in Stockholm for your children.



Healthcare in the portal

The portal below contains information about healthcare in Sweden for foreign diplomats or civil servants and their family members. As stated before, healthcare is provided free of charge, except for the state care fee, for citizens of another EU/EEA country, while non-EU citizens must pay the costs of their healthcare. These foreign diplomats and civil servants should have a health insurance policy for their posting in Sweden.

www.government.se

16.2 Health care charges



WHAT TO DO



Be your own guide in Stockholm

Stockholm can be explored in a variety of ways. By boat or bus, on a bike, or the back of a horse. You can even be your own guide. Either with one of several apps that combines exploration with a family-friendly game, or any of the self-guided tours offered by Stockholm's museums. Here, you'll find a small selection.

Text: Visit Stockholm

Cityquizwalks

The Old Town – a Self-Guided Quiz Tour On Your Smart Phone. Cityquizwalks is a perfect and entertaining way to learn more about The Old Towns history. City Quiz Walks combines a city walk and a quiz. You can take on the challenge yourself, or why not compete in teams with relatives and friends! To get from start to finish, you follow maps and answer questions. After each question, you will find out if you have answered correctly. When you have finished, you get your points.

Gamla stan

www.cityquizwalks.se

Millenium city walk

Stieg Larsson's Millennium books have become a cultural phenomenon, with over 80 million copies sold worldwide. Explore Södermalm and Stockholm according to Stieg Larsson with the City Museum's city walk map, and find the locations featured in the books and films. The map can be found in the museum's gift shop.

Stockholms stadsmuseum www.stadsmuseet.stockholm

Pieces of Raoul

A digital citywalk connected to the app Raoul Wallenberg Center offers visitors a walk in the footsteps of Raoul Wallenberg, the Swedish hero that saved over 10'000 lives during the Holocaust in Hungary. The app has a sound story read by Raoul's sister Nina's granddaughter Cecilia Åhlberg. Pictures from the family's personal archive, augmented reality experience is a part of the tour that takes 45 minutes from the first stop on Raoul Wallenbergs Square to the last stop in Berzelii park.

Raoul Wallenbergs torg www.piecesofraoul.se





Royal Walks

The Royal Walks app offers self-guided walks in beautiful settings through several of Stockholm's royal parks. Discover the parks of Haga, Drottningholm, Tullgarn, Djurgården, and Ulriksdals, and learn about their history and historic landmarks.

Stockholm www.kungligaslotten.se

Whodunit Murder Mysteries

Fans of crime and mystery books, puzzles, and challenging riddles will love the games. Join an exciting murder mystery in the Old Town of Stockholm – here it feels like you are part of an exciting detective story, but for real. With an interactive map on your mobile, you get around Old Town, collect clues and try to crack the case together. Download the app Whodunit Geogames on Google Play or App Store.

Gamla Stan
www.whodunit.se

HistoryMystery

Solve a challenging escape game outdoors, while you learn about the history of Stockholm and enjoy the scenery. Suitable for groups between 2 to 6 persons. All clues that are necessary to solve the mystery are found in the surroundings or in the box that the mystery guide provides you with when you arrive at our office in Old town.

Trångsund 4
www.historymystery.se

WHAT TO DO



Excursions and Sightseeing by Boat

Whether you are visiting or living in Stockholm, a trip to the archipelago is a must. On Stromma's archipelago fleet, you can enjoy lunch, dinner or a live guided archipelago excursion, as well as a sightseeing tour in the City with a bus or boat!

Many of Stromma's ships are more than 100 years old and have been lovingly restored to preserve their vintage charm. The destinations have been carefully selected and you will enjoy magical views throughout the voyage.

If you want to experience Stockholm City from the water, choose Stromma's tour "Under the Bridges of Stockholm". The two hours boat tour has guided commentaries in more than 10 different languages that gives you insights into Stockholm's fascinating past and present. If you want to see the archipelago, we recommend our popular "Archipelago Tour with guide".

For booking and more information, please visit www.stromma.se



WHAT TO DO



Discover the Archipelago

The Stockholm Archipelago is the largest of its kind in Sweden. With over 30 000 islands it covers an area of more than 650 square miles.; from the city-close Fjäderholmarna Islands in the west to the Svenska Högarna islets in the east, and from the abandoned fortifications on Arnholma in the north to the lonely lighthouse on Landsort in the south

Text: Visit Stockholm

Being such a vast area there's certainly something to discover for everyone; serene nature seemingly untouched by civilization, cozy and accessible camping grounds, idyllic villages and coastal towns, hiking trails for both experienced and amateur outdoorsmen, great food, and fantastic culture. Oh yeah, and water. Lots of water. The question is, of course, where to begin. Well, narrowing down how much time you have for an archipelago excursion is a good place to start. Here's a few tips where to go.

Fjäderholmarna

Where the archipelago begins, only a 20-minute boat trip from downtown Stockholm. The excellent restaurant Fjäderholmarnas krog is open during the summer season, and for the julbord Christmas buffet. The popular Rökeriet restaurant and café is located by the guest harbor. Many artists have studios and stores in the center of the island. Fjäderholmarna provides a nice taste of the archipelago for people who don't have time to explore further. Boats depart from Strandvägen and Slussen during the summer.

www.kungligaslotten.se - fjäderholmarna

Blidö

Its location near the mainland with the open sea to the east makes this island a popular vacation paradise. Summer guests have come here since the late 1800s. Visitors can have lunch or dinner at Blidö hamnkrog, or stay the night at the island's hostel.

www.blido.info

Finnhamn

Popular archipelago island to visit year round. It lies near the outer archipelago and you can get there in about 2.5 hours. A wooded island with many small bays with rocks for swimming from and perfect for hiking. There is a café, tavern, hostel, campground, and bike and boat rentals. It also has a farm shop where visitors can buy vegetables and homemade delicacies.

www.finnhamn.se

Fejan

A small, historic island in the northern archipelago on the edge of the open sea. In the late 1800s, there was a quarantine station here to stop cholera that was ravaging Europe. Fejan now has a popular tavern and hostel open in the summer. Kayaks and rowboats are available for rent in the large guest harbor.

www.fejan.com



Gålö

The Gålö peninsula is located in Southern Stockholm and can be reached either by car or with one of several buses from Haninge station. Almost the entire island is a nature reserve with beautiful nature, forest paths, and vistas to experience. Although a great destination for a day trip to the Stockholm Archipelago, there are campings and hostels for anyone who's planning on staying a night or two.

www.skargardsstiftelsen.se

Grinda

A charming island, just over an hour away by the fastest boat, via Vaxholm. A blissful archipelago setting, in a nature reserve. Good swimming in summer. Grinda Wärdshus is an inn, built in art nouveau style, open from April to early November. Grinda has hotels, cabins, a youth hostel, and campground, plus a range of activities including kayaking.

www.grinda.se

WHAT TO DO



Vaxholm

Idyllic archipelago town with many well-preserved wooden houses from the turn of the last century painted in the archipelago's typical delicate pastel tones. Vaxholm has numerous charming restaurants, cafés, and shops. And more adventurous travelers have a range of exciting activities to choose from like SUP and kayak paddling or fishing. Waxholm Hotel, with its great views of the fortress and harbor, is a classic choice for lunch or dinner, or, why not a Christmas Buffet. Vaxholm is easily accessible year-round, by Waxholmsbolagets boat traffic or by bus. If you take the bus, the trip is covered by Stockholm's public transport service.

www.vaxholm.se

Möja

Möja is a traditional, idyllic archipelago island lined with small villages and well-preserved harbors. There is still fishing and farming practiced here, and a small supermarket and hostel operate all year round in the main village, Berg. Don't miss visiting the popular tavern Wikströms Fisk in the village of Ramsmora, which is run by the archipelago's only professional fisherman. Möja is perfect for hiking and biking, but not for swimming. There are hostels, B&Bs, and several cottages for rent.

www.visitmoja.se

"Beautiful nature, great local food, and exciting adventures. Just 20 minutes away from Stockholm a world of 30 000 islands begins"

Sandhamn

An island where you can experience the remarkable maritime terrain of the outer archipelago. Sandhamn is the key meeting place for sailors and yachters, with a vibrant party scene during summer. The idyllic village, a historical sea pilot station, has an inn, hotels, the classic Royal Swedish Yacht Club, and numerous restaurants and bars. There are also many activities on the island like kayak paddling and bicycle renting. Sandhamn is also worth a visit off-season when the archipelago has returned to its peaceful natural state. Fans of Nordic Noir might recognize Sandhamn as the island where Mikael Blomkvist takes refuge in the Millenium series and as the primary setting of Viveca Sten's The Sandhamn Murders book series.

www.destinationsandhamn.se

Nåttarö

Stora Sand on Nåttarö is the archipelago's largest sandy beach and one of the best places to swim. The island also has a cave called Drottninggrottan. The story is that it was a hiding place for Queen Maria Eleonora in the early 1600s when she fled the court and government after the death of her husband, King Gustav II Adolf. There is a large vacation village open in the summer along with campsites and bike and rowboat rentals.

www.nattaro.se







SHOPPING



Sturegallerian

At Sturegallerian, you'll find everything needed to make life just a little bit more enjoyable.

At Stureplan, in the heart of Stockholm, you will find Sturegallerian – an artful diversity of selected shopping, contemporary dining and modern lifestyle. Here, you will come across a rich variety of shops, stretching from unique Scandinavian and local stores to some of the world's most coveted brands. Centrally located, it is a natural meeting place and the perfect hub for both locals and visitors.

With its culinary experiences from around the world and vibrant nightclubs, Sturegallerian is the starting point and the final destination both day and night. In other words: A vibrant and inspiring atmosphere – the one place in Stockholm you simply cannot miss.

Sturegallerian, Sturegatan 4, www.sturegallerian.se Mon – Fri: 10am – 7pm Sat: 10am – 5pm, Sun: 12am – 5pm





SHOPPING



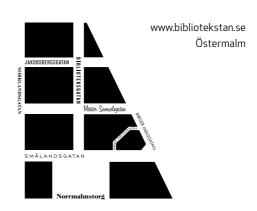


Bibliotekstan

Bibliotekstan is an exclusive shopping district centered around the street Biblioteksgatan. The street got its name in 1885 and the area has been focusing on exclusive shopping ever since.

Welcome to the Fashion District. Within just a few blocks you will find the very best that fashion has to offer. International high-end brands, such as Cartier, Chanel, Louis Vuitton, Moncler, Prada, Ralph Lauren and Rolex sit alongside Swedish designers Acne Studios, Byredo, Filippa K and Rodebjer – to name a few.

Lively restaurants and cafés give the Fashion District a vibrant atmosphere. When in Bibliotekstan pay the iconic Prinsen, est. 1897, and the new restaurant Misshumashu and Nori bar a visit





HOLIDAYS & TRADITIONS



Holidays & traditions

Swedes have many holiday celebrations throughout the year. Most public holidays begin their celebrations a day early – on the "eve". As this day is considered as a Saturday, banks, offices etc. are closed and shops in town close earlier than usual. Shops are not required to stay closed on public holidays and opening times are decided by the shop owner. Public holidays are called "red days", röda dagar.

Nyårsdagen-New Years Day

January 1st is a public holiday and December 31st is treated as a Saturday.

Trettondag jul-Epiphany

January 6th. Many offices are closed on the 5th of January or at least close early. January 6th is a public holiday. This is the last time julbord (Christmas "smörgåsbord") will be served. It is also the day to remove all Christmas decorations and throw out the Christmas tree.



Vasaloppet-Vasa ski race

1st Sunday in March. An international ski marathon from Sälen to Mora (85km). This is reputedly the biggest cross-country ski race in the world. The first Vasa ski race was arranged in 1922. The route is the same as King Gustav Vasa took in 1521 while being pursued by the Danes.

Påsk-Easter

Falls between March 22nd and April 25th. Långfredagen - Good Friday. Påskdagen - Easter Sunday. Annandag Påsk - Easter Monday. Shops and offices close early on Thursday. Friday, Sunday and Monday are public holidays. The word påsk originates from both Italian and Greek vocabulary meaning Passover. In 1325 Nicosia decided Easter would fall on the first Sunday after the first full moon after vårdagjämningen (vernal equinox). This is on March 21st, therefore Easter falls between March

22nd and April 25th. Over the Easter period you will observe many different traditions which are unique to Sweden.

Valborgsmässoafton-Walpurgis Night

April 30th. People welcome the onset of spring by lightning huge bonfires. Traditionally, witches were believed to have travelled on brooms or goats to old sacrificial settings. People in villages would light fires to scare off the evil doers. Students wear their white caps and sing traditional songs followed by a night of dancing. Shops and offices often close early.

Första Maj-May day

May 1st. Holiday of the working classes and traditionally a day of protest marches. Shops and offices are closed.

HOLIDAYS & TRADITIONS



Kristi Himmelfärdsdag-Ascension day

The 40th day after Easter. Always occurs on a Thursday and is a public holiday. Many offices and public authorities will also be closed the following Friday.

Pingst-Whitsun

10 days after Ascension day. Pingsafton - Whitsun eve. Pingstdagen - Whitsun day. Pingstdagen is a public holiday.

Sveriges nationaldag-Sweden's national day

June 6th, a public holiday. Parades, flags etc. are commonplace on this day. On June 6th 1523 Gustav Vasa ascended the throne and united the Swedish nation.

Midommar-Midsummer

Saturday between June 20th and June 26th. Midsummer Day is a public holiday, and Midsummer's Eve is treated like a Saturday. Midsummer is celebrated during the weekend around the longest day of the year. It was originally celebrated to welcome the arrival of summer in anticipation of a fruitful harvest. According to folklore, it was believed that Midsummer Eve was a night of magic and supernatural occurrences. Family and friends gather and enjoy the traditional meal of matjesill (pickled herring), gräddfil (sourcream), gräslök (chives), and new potatoes accompanied by Swedish "snaps". You can also see people dancing around the flower covered maypoles (which incidentally were considered to be an old viking fertility symbol) while singing folk songs.

Kräfskiva-Crayfish Party

Middle of August. A strong tradition amongst Swedes are crayfish parties held during the middle of August. People gather to eat boiled crayfish, drink Swedish snaps and sing lots of drinking songs.

Surströmmingskiva-Fermented Herring Party

End of August. Another summertime tradition is fermented raw herring from the north of Sweden. It is famous for its incredibly potent smell and therefore enjoyed by a select few only. The premiere for this day is on the third Thursday of August and in fact, in the north of Sweden they often substitute crayfish parties for this sour, salted herring from the Baltic Sea. If you are brave enough to sample surströmming, then it should be eaten in accompanient with crisp bread (tunnbröd), almond shaped potatoes (mandelpotatis), raw onion, sourcream, and washed down with beer, snaps or milk.

Alla helgons dag-All Saints day

Saturday between October 31st and November 6th. Some offices close on the Friday before All Saints Day. Saturday is a public holiday. Families light candles and place flowers and wreaths on the graves of loved ones.

Mårten Gås-St. Martins Day

November 11th. This is to mark the end of autumn work and start of winter activities. It is celebrated mainly in the south of Sweden where goose is eaten on this day.

Advent-Advent

The 4 Sundays before Christmas. The traditional time of year to begin decorating for Christmas, lightning Advent Candles and opening Advent Calendars. Also the time to eat julbord (Christmas smörgåsbord dinner).



Nobeldagen-Nobel Day

December 10th. The date of Alfred Nobel's death. On this day the Nobel prizes are awarded in a grand ceremony and banquet which is shown live on TV.

Lucia-Saint Lucia Day

December 13th. Lucia is not a public holiday. According to folk tradition this is the longest night of the year and marks the beginning of the Christmas season. St. Lucia is the patron saint of light and was supposedly introduced to West Sweden by Irish missionaries in the 9th century. Celebrations began in the late 18th century when young girls, wearing white clothing and crowns of candles in their hair, would serve coffee and buns to the master and mistress of the house. Nowadays, a young girl dressed in white and with a crown of lighted candles on her head parades while singing special songs, along with a procession of "young lords and ladies in waiting", also dressed in white.

Julafton-Christmas Eve

December 24th. Juldagen - Christmas Day. Annandag Jul - Boxing Day. Christmas is celebrated on Julafton. December 25th and 26th are public holidays.

TRADITIONAL FOOD

Traditional Swedish food

Stockholm's restaurant scene is a melting pot of flavors from around the world. But of course, you'll find great examples of typical Swedish cuisine, often in contemporary interpretations.

Regional differences aside, traditional Swedish cuisine relies heavily on dairy products, root vegetables, sea-food, different kinds of meat, berries, and eggs. Nowadays, you'll find pasta and rice in almost any household. For a long time though root vegetables, especially potatoes, were the go-to source of carbohydrates. As the Swedish climate doesn't naturally lend itself to growing citrus fruits, vinegar has also been used instead in cooking and preserving food. Here are some typical Swedish dishes.

Text: Visit Stockholm





Boiled potato dumplings filled with a mixture of onions and pork (there are vegetarian and vegan variants as well), spiced with allspice. Served with lingonberry jam and clarified butter. There are various regional differences. Kroppkakor from Öland have raw potatoes in the dough, while the variant from Småland usually uses boiled potatoes. Pitepalt, a similar dish from Northern Sweden, has dumplings made entirely of raw, shredded potato.



Pickled herring

A mainstay on Swedish holiday buffets, for example on Christmas, Easter, and Midsummer's Eve. Usually eaten accompanied by boiled potatoes or rye bread. The Swedish variant has a sweeter taste than for example the Polish or Ukrainian equivalent, which tends to be saltier. A relative of the pickled herring is the infamous fermented herring.

Swedish Meathalls

While not a Swedish invention by any means, meatballs have become the poster child of the Swedish kitchen. The typical way to serve them is with mashed potatoes, creamy gravy, lingonberry jam, and pickled cucumber.

Renskav

Sautéed reindeer in a creamy sauce, served with potatoes (boiled or mashed) and lingonberry jam. Renskav is a traditional Sámi-dish from northern Sweden, with variants found all over the Sápmi region.

Pyttipanna

Pyttipanna, or simply just pytt, was originally leftover food. Small pieces of whatever vegetables and meat you had, served with a fried egg and pickled beetroot. You'll find variants of the dish all over the Nordic region. Another Swedish take on it, for example, is Biff Rydberg which is a more fancy pytt made of larger pieces of prime meat cuts (usually beef tenderloin).

Yellow pea soup (ärtsoppa) and pancakes

Pea soup has been a staple of the Swedish menu for hundreds of years. Legend has it that the Swedish King Erik XIV was poisoned after eating a mixture of pea soup and arsenic. As in Finland and Denmark, pea soup is usually followed by pancakes (with jam and/or whipped cream). Not as desert, mind you, but in a way as two halves of the same dish; one savory and one sweet. Pea soup is traditionally eaten on Thursdays.



Raggmunk

The Swedish version of a potato pancake is called raggmunk, and resembles the Swiss rösti pancake. Raggmunk is usually served with pork and, you guessed it, lingonberry jam. While a raggmunk is made by adding shredded potato to pancake batter, there are several similar dishes. Råraka, for example, is made of nothing but shredded potato (ie. no batter) while potatisbullar are patties of mashed potato and egg, turned in breadcrumbs.

Want to sample the classics of Swedish cuisine? Here's where!

Tennstopet • Dalagatan 50 • www.tennstopet.se

Tradition • Österlånggatan 1 • www.restaurangtradition.se

Tranan • Karlbergsvägen 14 • www.tranan.se

Ulla Winbladh • Rosendalsvägen 8 • www.ullawinbladh.se

CULTURE





The Royal Palace

The Official Residence Of His Majesty The King

The interiors feature a significant selection of furnishings and art which date chiefly from the 18th and 19th centuries. In addition to the Royal Apartments* there are several museums steeped in regal history, as the Treasury with the regalia and the Tre Kronor Museum that portrays the Palace's medieval history. The Palace is open year round and you are welcome to stroll around yourself or join a guided tour. Don't miss the Royal Gift Shop, offering a unique selection of gift items with strong links to objects in the Royal Collections.

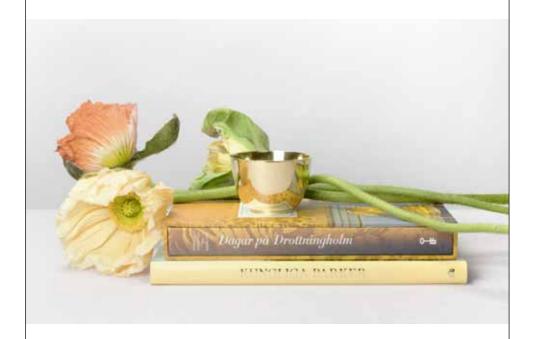
*Some of the halls can close fully or partially in connection with The King's official receptions.

www.royalpalaces.se + 46 (0) 8 402 61 00 Gamla stan / Old Town



The Royal Gift Shop

AT THE ROYAL PALACE IN STOCKHOLM



Situated at the Royal Palace, the Royal Gift Shop offers a unique selection of quality souvenirs and gift items with strong links to objects in the Royal Collections.

www.RoyalPalaces.se 📥

CULTURE





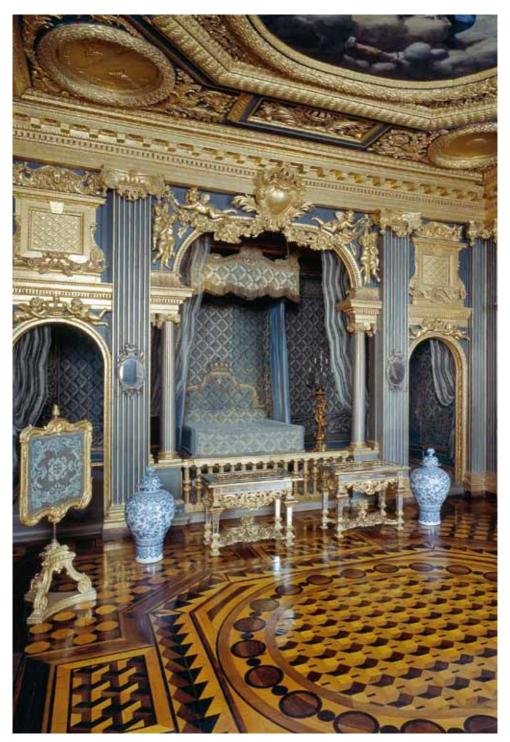
Drottningholm Palace

Drottningholm Palace is on UNESCO's World Heritage list. It is the most well-preserved royal castle built in the 1600s in Sweden and at the same time is representative of all European architecture for the period.

Make a day trip to Drottningholm and experience a historic milieu of the highest international standards. The combination of the exotic Chinese Pavilion pleasure palace, the palace theatre and the magnificent palace gardens make a visit to Drottningholm a unique experience.

The Palace is Their Majesties the King and Queen's permanent home residence. The rooms in the southern wing of the palace are reserved for this purpose. The rest of the palace and grounds are open to the public year round.

www.royalpalaces.se + 46 (0) 8 402 61 00 Lovön in Ekerö



CULTURE

Museums & Art Galleries

ABBA The Museum

This is a place where you walk in and dance out! The music, the costumes, the lyrics, musicals, and films of ABBA have been gathered in Stockholm and are on display in a permanent exhibition. www.abbathemuseum.com

Djurgårdsvägen 68, info@abbathemuseum.com





Artipelag

Artipelag is an impressive venue for art, culture, Scandinavian architecture and excellent cuisine – beautifully set in the Stockholm archipelago. The building houses art exhibitions, a design shop and two restaurants that offer outdoor seating with spectacular views. Woodchip paths run through the surrounding landscape and by the water – perfect for a stroll. Artipelag is located only 25 min by car/bus from the city. During summer it's also possible to travel to Artipelag by boat from Nybrokajen. www.artipelag.se

Artipelagstigen 1, tel 08-570 130 00

Avicii Experience

A tribute exhibition honoring one of the greatest music icons of our time – Tim 'Avicii' Bergling. Join an interactive journey through his life and musical career, experience untold stories, listen to unreleased music, and try out how it is to perform in front of tens of thousands of screaming fans.

www.aviciiexperience.com

Sergelgatan 2, info@aviciiexperience.com

Fotografiska

Fotografiska is the contemporary museum of photography, art and culture and one of the world's leading museums dedicated to photographic art. Established in Stockholm in 2010 with the mission to inspire a more conscious world, Fotografiska is a destination to discover world-class photography, eclectic programming, elevated dining and surprising new perspectives. Enjoy a gastronomic sustainability journey in the award-winning restaurant with the best view of Stockholm. www.fotografiska.se

Stadsgårdshamnen 22, tel 08-509 005 00

Moderna Museet

The Moderna Museet, on Skeppsholmen, is a place for lovers of art and culture, whether young or old. Here you will find one of Europe's most distinguished collection of modern and contemporary art with key works from the hands of Pablo Picasso, Robert Rauschenberg, Niki de Saint Phalle, Henri Matisse, Meret Oppenheim and many others. The Restaurant, The Coffee Bar and Café Blom offer exquisite meals and there are gifts to be purchased from the museum's shop. www.modernamuseet.se.

Skeppsholmen, tel 08-520 235 00



Nationalmuseum

Nationalmuseum is Sweden's museum of art and design. The collections include paintings, sculpture, drawings and graphic art from the 16th century up to the beginning of the 20th century, and the collection of applied art and design up to the present day. The total amount of objects is around 700,000, with works of Rembrant, Rubens, Goya, Renoir, Zorn among others. www.nationalmuseum.se

Södra Blasieholmshamnen 2. tel 08-519 543 00



CULTURE





Nobel Prize Museum

Be inspired by ideas that changed the world. The Nobel Prize Museum contains all essential information about the most prestigious prize in the world, Alfred Nobel, and the Nobel Laureates. Guided tours, films, and diverse objects take you from idea to the Nobel Banquet. Bistro serving lunch, Nobel ice cream and more. Also a shop. www.nobelprizemuseum.se

Stortorget 2, 08-534 818 00

Nordiska museet

On the lush island of Djurgården towers the magnificent building of Nordiska museet. Committed to showcasing Nordic lifestyle since 1523, the museum continually finds new ways to tell stories. The newest exhibition "Nordic Life" explore the life of people in Sweden and the Nordic countries in an artistic and visual feast for the eyes. The imposing exhibition "Arctic – while the ice is melting" covers the many lifestyles of the people living in the Arctic. The museum is open every day and provides a free audio guide in multiple languages.

www.nordiskamuseet.se

Djurgårdsvägen 6-16, tel 08-519 546 00

Sven-Harry's

Sven-Harry's art museum in Vasaparken is a spectacular building with a facade of brass designed by Wingårdhs Arkitektkontor. The building houses an art gallery, restaurant, residential apartments and commercial space. On top of the building there is a replica of Sven-Harry's former home with paintings, furniture and carpets from his private collection. August Strindberg, Carl Fredrik Hill, Märta Måås Fjetterström, Georg Haupt and Gio Ponti are represented among many others. www.sven-harrys.se Eastmansvägen 10-12, tel 08-511 600 60

The Swedish History Museum

Experience Sweden's history from prehistory until today. The Viking World Exhibition has thrilling stories, interactive stations for all the senses, and 2,500 original objects. See gold and silver treasures in the Gold Room. During the summer the main garden area outside is filled with crafts and games from the Viking Age, for both young and old. Restaurant with a nice courtyard and a museum shop with exclusive copies of prehistoric jewellery, glasses and textiles. Audio-guides.

Narvavägen 13-17, tel 08-519 556 00

The Swedish Museum of Natural History with Cosmonova

Discover the amazing Swedish nature, follow the course of human evolution over the past seven million years and walk among dinosaurs in the history of Earth and Life. Only at Cosmonova you can experience films this big, this immersive and this exhilarating. See IMAX®-films, digital 3-D films and planetarium shows on a domeshaped screen.

www.nrm.se

Frescativägen 40, tel 08-519 540 00

The Vasa Museum

The Vasa is the best-preserved 17th century ship in the world, the most popular museum in Scandinavia and one of the foremost tourist sights in the world. The impressive warship sank on her maiden voyage in 1628 but was salvaged 333 years later in 1961. She has since then been restored and can now be seen with her complete lower rigging at the Vasa Museum – the only museum of its kind in the world. Surrounding the ship are several permanent exhibitions, cinemas, a shop and a restaurant.

www.vasamuseet.se

Galärvarvsvägen 14, tel 08-519 548 80

The Viking Museum

In the exhibition you will meet the Vikings through movies, scenery, projections and sound effects as well as archaeological objects. Knowledgeable guides will answer all your questions and the many replicas let you explore life as a Viking. You will learn about the raids, journeys and ship building as well as the everyday life at the farm. The adventure ride Ragnfrid's saga takes you along on a captivating journey through Viking age Europe. The Norse mythology is present everywhere and here, myth meets truth. www.thevikingmuseum.com

Djurgårdsstrand 15, tel 08-400 229 90







GENERAL INFO

Emergency Assistance

SOS Alarm 112

Dial 112 for emergencies; ambulance, rescue services, fire department and police.

24-hour medical services

Advice hot-line: 1177 Poison hot-line: 010-456 67 00

Hospitals

Danderyds sjukhus: 08-123 550 00 Karolinska sjukhuset: 08-123 700 00

Dental emergency

Folktandvården Akuten Fleminggatan 48 08-123 156 80

Police

Main switchboard: 114 14

Pharmacy, Open 24 H

Apoteket Scheele, Klarabergsg. 64 0771-450 450

General info

Airport buses

277 89 MALMÖ.

Airport buses from Stockholm to Arlanda, Bromma and Skavsta leave from the Cityterminalen at the Klaraberg viaduct near the Central Station. Departures to Arlanda every 10 or 15 min.

Call 0771-51 52 52 for information.

Addresses - Adresser

Addresses are written in the following way: Name of the recipient – Sven Svensson.
Street and then the house number – Drottninggatan 23.
Post code and then the town –

Common Phrases - Vanliga fraser

admission free = fritt inträde cashier = kassa caution = observera/se upp closed = stängt danger = fara do not touch = får ej vidröras entrance = ingång
elevator/lift = hiss
exit = utgång
for sale = till salu
information = upplysningar
ladies = damer
life threatening = livsfara
mens = herrar
mind the step = se upp för trappstege
no entry = ingen ingång
no smoking = rökning förbjuden
no trespassing = tillträde förbjudet
open = öppet
pull = drag
push/press = skjut/tryck

Dates - Datum

sale = rea

Dates are written in a variety of different ways e.g.

smoking allowed = rökning tillåten

April 1st 2025 = 2025-04-01. Stockholm, June 1st 2025 =

Stockholm den 1 juni 2025. Malmö, 3rd Feb 2025 = Malmö den 3/2 2025.

Days of the week - Veckodagar

Monday = måndag Tuesday = tisdag Wednesday = onsdag Thursday = torsdag Friday = fredag Saturday = lördag Sunday = söndag

Directions - Riktningar

North = Norr South = Söder East = Öster West = Väster Right = Höger Left = Vänster

Height and Weight

Inches x 2,54 = Centimetres Kilograms x 2,2 = Pounds Centimetres x 0,39 = Inches Pounds x 0,45 = Kilogram 1 Mile = 1,61 Kilometres 1 Kilometre = 0,62 Miles 1 Swedish mile = 10km

Newspaper Outlets

Pressbyrån, T-centralen Tel: 08-10 40 92

Many tobacco shops, news-stands and book-shops have a large assortment of international press and pocket books.

Public Transportation

Buses, underground and commuter railways. Call SL Information. Tel: 08-600 10 00

Taxi

Taxi Stockholm: Tel: 08-15 00 00
Taxi Kurir: Tel: 08-30 00 00
Taxi 020: Tel: 020-20 20
Apart from these larger companies
there are a number of "freetaxis". Note
that there are fixed rates for transfers
to and from Stockholm-Arlanda.

Temperature

To Compute Fahrenheit: Multiply Centigrade by 1.8 and add 32.

To Compute Centigrade: Subtract 32 from Fahrenheit and divide by 1.8.

Time - Tid

What's the time? = Vad är klockan? 1 o'clock = Klockan är ett. Quarter past 5 = Kvart över fem. Quarter to 7 = Kvart i sju. Half past 4 = Halv fem.

Weather - Väder

Cold = Kallt
Sunny = Soligt
Rain = Regn
Thunder = Åska
Lightning = Blixt
Hail = Hagel
Windy = Blåsigt
Cloudy = Molnigt
Humid = Fuktigt
Snowfall = Snöfall
Icy = Halka

PERSONNUMMER



Personnummer

Personal identity numbers, or the personnummer, are an important part of daily life in Sweden. To have any kind of official existence in Sweden everyone has to possess an ID number made of 10 digits, and containing within those digits your date of birth, a birth number which identifies your sex, and a control number which is calculated via a method known as the modulus-10-method.

Unfortunately, as foreign diplomats are not registered in the Swedish population records they are not assigned a typical personnummer, but rather one where the last 4 digits, the control number and birth number, are four zeros. This identifies them as diplomats and not residents.

Equally unfortunately, these quirky personnummers are not recognized by the central Swedish register and consequently cause diplomats many problems as Swedish computers do not accept the four zeros, making it difficult when trying to deal

with banks, insurance companies, telephone companies, doctors, dentists, car hire firms etc.

To overcome this problem, there is a uniform identification number called coordination number. The purpose of coordination numbers is for the authorities and other areas of activity to have a common identification number for persons who are not registered in the Swedish population records. The Tax Office can allocate a coordination number on the request of an authority. If the person is later registered in the Swedish population records, the coordination number is replaced by a personal identity number – a personnummer.

In the meantime we suggest you simply keep smiling as you endeavour to explain the four zeros problem once again...

More information about personal identity numbers and coordination numbers: www.skatteverket.se

PHONEBOOK

Alarm & Security Equipment

Active Armour

www.activearmour.com 08-15 45 47

Tempest Security

www.tempestsecurity.com 010-4577760

Apartments

Bostadstjänst

www.bostadstjanst.com Augustendalsvägen 22 08-30 00 64

Auctions

Kaplans Auktioner

www.kaplans.se Biblioteksgatan 5 08-545 016 00

Banking & Financial Services

Forex

www.forex.se Centralstationen 010-2111132

Handelsbanken

www.handelsbanken.se Vasagatan 11 08-545 214 70

Nordea

www.nordea.se Norrlandsgatan 3 0771-22 44 88

Swedbank

www.swedbank.se Karlbergsvägen 12 0771-22 11 22

Books In Foreign Languages

Akademibokhandeln

www.akademibokhandeln.se Mäster Samuelsgatan 28 010-744 11 00

Car Rentals

Avis

www.avis.se 0770-82 00 82

Europcar

www.europcar.se 0770-77 00 50

Cleaning

Renamattan

www.renamattan.se 08-55013766

HomeMaid

www.homemaid.se 08-556 954 44

Crystal/Glass

Målerås

www.maleras.se Västerlånggatan 23 08-21 96 86

Diplomatic Cars

BMW

www.bmw-special-sales.com Gårdsvägen 7 08-735 39 53

Mercedes-Benz

www.bilia.se/mercedes-benz Kottbygatan 4 010-497 17 57

Volvo

www.volvocars.com Kungsträdgården 08-524 630 00

Flowers

Melanders Blommor

Hamngatan 2 08-611 28 59

Handicraft/Interior design/Souvenirs

Kerstin Adolphson

Västerlånggatan 44 08-20 17 27

The Royal Gift Shop

www.royalpalaces.se The Royal Palace 08-402 61 00

Hotels & Booking Agents

Radisson Hotels

www.radissonhotels.com 08-503 372 46

Scandic Hotels

www.scandichotels.se 08-517 517 00

Strawberry

www.strawberry.se 0771-666 700

Jewelry & watches

Franks UR

www.franksur.com Drottninggatan 39 08-10 07 18

Caroline Svedbom

www.carolinesvedbom.com Riddargatan 12 08-501 322 26

Language Schools

Sigtunaskolan

www.sshl.se Manfred Björkquists allé 8 08-592 571 00

Library

Stockholms Stadsbibliotek

www.biblioteket.stockholm.se Sveavägen 73 08-508 309 00

Mobile Phones

Elgiganten Phone House

www.phonehouse.se Sveavägen 26 0771-115115

Moving Specialist

Mex

www.mex.se 08-668 33 00

Optician

Synoptik

www.synoptik.se Drottninggatan 92 08-20 32 20

Public Transportation

Flygbussarna

www.flygbussarna.se 0771-51 52 52

SL Kundtjänst

www.sl.se 08-6001000

SJ

www.sj.se 0771-757575

Restaurants

Bar Nimes

www.bar-nimes.se Rådmansgatan 25 08-24 03 50

Farang

www.farang.se Tulegatan 7 08-673 74 00

Kungshallen

www.kungshallen.eu Kungsgatan 44

Restaurang Hantverket

www.restauranghantverket.se Sturegatan 15 08-121 321 60

Shopping

Bibliotekstan

www.bibliotekstan.se Biblioteksgatan

Bruno

www.brunogallerian.se Götgatan 36

Fältöversten

www.faltoversten.se Karlaplan

Sturegallerian

www.sturegallerian.se Stureplan

Sports & Leisure Activities

Casino Cosmopol

www.casinocosmopol.se Kungsgatan 65 020-219 219

GötaKanal

www.gotacanal.se 031-80 63 15

Gröna Lund

www.gronalund.com Djurgården 010-708 91 00

Skansen

www.skansen.se Djurgården 08-4428000

Solvalla

www.solvalla.se Bromma 08-635 90 00

Stockholm Adventures

www.stockholmadventures.com Kungsbro strand 21 08-33 60 01

Stromma

www.stromma.se Strömkajen 08-120 040 00

Ticketmaster

Music, sports, theatre etc. www.ticketmaster.se 0771-70 70 70

Tailor

AW Bauer & Co

www.awbauerco.com Brunnsgatan 4 08-10 47 80

Taxi & Limousine Service

Limousine Service AB

www.limousineservice.se 08-22 22 80

Taxi Kurir

www.taxikurir.se 08-300 000

Taxi Stockholm

www.taxistockholm.se 08-15 00 00

Tourist Information

Stockholm Visitor Center

www.visitstockholm.com 08-508 285 08



A CLEAR STATEMENT. BMW DIPLOMATIC SALES.

The new BMW 5 Series grabs attention instantly with its dazzling paint finish. From here, discover new elements such as the enhanced front apron with larger air inlets and the simplified contours with strong angles. Its evolution is subtle yet impactful, and still every bit an icon.



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Bavaria

The BMW 5 Series: Output in kW (hp): 140 (190+11). Fuel consumption in I /100 km: 4,8 CO $_2$ emissions in g/km (combined): 126. Fuel consumption figures are based on WLTP.